

# WORLD SUICIDE PREVENTION DAY

[http://www.eslHolidayLessons.com/09/world\\_suicide\\_prevention\\_day.html](http://www.eslHolidayLessons.com/09/world_suicide_prevention_day.html)

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ALL ANSWERS ARE IN THE TEXT ON PAGE 2.

## THE READING / TAPESCRIPT

World Suicide Prevention Day (WSPD) is a day we should all put on our calendars. It highlights a huge but often ignored problem in our society. Every year thousands of people take their own lives. Around 3,000 people a day commit suicide. Another 60,000 a day attempt suicide. WSPD promotes ways to identify possible suicide cases and to prevent suicide. The day is organized by the International Association for Suicide Prevention. This important group acts as a forum for academics, mental health professionals, and suicide survivors to work together to understand suicide better. They raise awareness that suicide is a preventable cause of hundreds of thousands of deaths around the world.

The word suicide comes from Latin, meaning to kill oneself. There are many factors that lead to someone taking their own life. These include depression, shame, physical pain, anxiety, and relationship problems. A growing reason nowadays is financial difficulties. There is a sudden increase in suicide in rich nations when there is a downturn in the economy. Another worrying trend is the number of young people who resort to suicide because of bullying. Suicide is in fact one of the leading causes of death among teenagers and young adults. In Japan, there are Internet suicide clubs so you can end your life with others who are equally desperate. A hot topic today is assisted suicide – helping another person end his or her life.

## PHRASE MATCH

Match the following phrases from the article.

### Paragraph 1

- |                          |                  |
|--------------------------|------------------|
| 1. put on our            | a. suicide       |
| 2. people take their     | b. health        |
| 3. attempt               | c. calendars     |
| 4. identify possible     | d. own lives     |
| 5. mental                | e. of deaths     |
| 6. hundreds of thousands | f. suicide cases |

### Paragraph 2

- |                      |                 |
|----------------------|-----------------|
| 1. to kill           | a. suicide      |
| 2. financial         | b. the economy  |
| 3. a downturn in     | c. oneself      |
| 4. the leading cause | d. her life     |
| 5. assisted          | e. of death     |
| 6. end his or        | f. difficulties |

## LISTENING GAP FILL

World Suicide Prevention Day (WSPD) is \_\_\_\_\_ put on our calendars. It highlights \_\_\_\_\_ ignored problem in our society. Every year thousands of people take their own lives. Around 3,000 people a day commit suicide. Another 60,000 a day attempt suicide. WSPD promotes \_\_\_\_\_ identify possible suicide cases and to prevent suicide. The day is organized by the International Association for Suicide Prevention. This important group \_\_\_\_\_ for academics, mental health professionals, and suicide survivors to work together to understand suicide better. They \_\_\_\_\_ suicide is \_\_\_\_\_ of hundreds of thousands of deaths around the world.

The word \_\_\_\_\_ Latin, meaning to kill oneself. There are many factors that lead to someone \_\_\_\_\_. These include depression, shame, physical pain, anxiety, and relationship problems. A \_\_\_\_\_ is financial difficulties. There is a sudden increase in suicide in rich nations when there \_\_\_\_\_ the economy. Another worrying trend is the number of young people \_\_\_\_\_ because of bullying. Suicide is in fact one of the leading causes of death among teenagers and young adults. In Japan, there are Internet suicide clubs so you can end your life with others who \_\_\_\_\_. A hot topic today is assisted suicide – helping another person end his or her life.

## WHILE READING / LISTENING GAP FILL

**Put the words into the gaps in the text.**

World Suicide Prevention Day (WSPD) is a day we \_\_\_\_\_ all put on our calendars. It highlights a huge but often \_\_\_\_\_ problem in our society. Every year thousands of people take their own lives. Around 3,000 people a day \_\_\_\_\_ suicide. Another 60,000 a day attempt suicide. WSPD promotes ways to \_\_\_\_\_ possible suicide cases and to prevent suicide. The day is \_\_\_\_\_ by the International Association for Suicide Prevention. This important group acts as a \_\_\_\_\_ for academics, mental health professionals, and suicide \_\_\_\_\_ to work together to understand suicide better. They raise awareness that suicide is a preventable cause of \_\_\_\_\_ of thousands of deaths around the world.

*commit*

*forum*

*should*

*hundreds*

*organized*

*ignored*

*survivors*

*identify*

The word suicide \_\_\_\_\_ from Latin, meaning to kill oneself. There are many factors that \_\_\_\_\_ to someone taking their own life. These include depression, shame, \_\_\_\_\_ pain, anxiety, and relationship problems. A growing reason nowadays is financial difficulties. There is a sudden \_\_\_\_\_ in suicide in rich nations when there is a downturn in the economy. Another worrying \_\_\_\_\_ is the number of young people who resort to suicide because of bullying. Suicide is in fact one of the leading \_\_\_\_\_ of death among teenagers and young adults. In Japan, there are Internet suicide clubs so you can end your life with others who are \_\_\_\_\_ desperate. A hot topic today is \_\_\_\_\_ suicide – helping another person end his or her life.

*trend*

*lead*

*increase*

*causes*

*assisted*

*comes*

*physical*

*equally*

## CHOOSE THE CORRECT WORD

Delete the wrong word in each of the pairs of *italics*.

World Suicide Prevention Day (WSPD) is a day we should *every* / *all* put on our calendars. It highlights a huge but often *ignores* / *ignored* problem in our society. Every year thousands of people take their own lives. Around 3,000 people a day *commit* / *do* suicide. Another 60,000 a day attempt suicide. WSPD promotes ways to identify possible suicide cases and to *prevention* / *prevent* suicide. The day is organized by the International Association for Suicide Prevention. This important group acts *as* / *was* a forum for academics, mental health professionals, and suicide survivors to work together *for* / *to* understand suicide better. They *rise* / *raise* awareness that suicide is a preventable cause of hundreds of thousands of deaths around the *worldwide* / *world*.

The word suicide *comes* / *goes* from Latin, meaning to kill oneself. There are many factors that lead to someone *taken* / *taking* their own life. These include depression, shame, physical *painful* / *pain*, anxiety, and relationship problems. A growing reason nowadays is financial difficulties. There is a sudden *raise* / *increase* in suicide in rich nations when there is a downturn in the economy. Another worrying *trendy* / *trend* is the number of young people who resort to suicide because of bullying. Suicide is in fact *one* / *two* of the leading causes of death among teenagers and young adults. In Japan, there are Internet suicide clubs so you can *end* / *send* your life with others who are equally desperate. A hot topic today is assisted suicide – helping *another* / *other* person end his or her life.

## MULTIPLE CHOICE

World Suicide Prevention Day (WSPD) is a day we should (1) \_\_\_\_\_ put on our calendars. It highlights a huge but often ignored problem in our society. Every year thousands of people (2) \_\_\_\_\_ their own lives. Around 3,000 people a day (3) \_\_\_\_\_ suicide. Another 60,000 a day attempt suicide. WSPD promotes ways to (4) \_\_\_\_\_ possible suicide cases and to prevent suicide. The day is organized by the International Association for Suicide Prevention. This important group acts as a forum for academics, mental (5) \_\_\_\_\_ professionals, and suicide survivors to work together to understand suicide better. They raise awareness that suicide is a preventable cause of hundreds of thousands of (6) \_\_\_\_\_ around the world.

The word suicide (7) \_\_\_\_\_ from Latin, meaning to kill oneself. There are many factors that lead to someone taking their own life. These include depression, shame, physical (8) \_\_\_\_\_, anxiety, and relationship problems. A growing reason nowadays is financial difficulties. There is a sudden increase in suicide in rich nations when there is a downturn in the (9) \_\_\_\_\_. Another worrying trend is the number of young people who resort to suicide because of bullying. Suicide is in fact one of the leading causes (10) \_\_\_\_\_ death among teenagers and young adults. In Japan, there are Internet suicide clubs (11) \_\_\_\_\_ you can end your life with others who are equally desperate. A hot topic today is (12) \_\_\_\_\_ suicide – helping another person end his or her life.

### Put the correct words from this table into the article.

- |     |                    |                |                |                |
|-----|--------------------|----------------|----------------|----------------|
| 1.  | (a) every          | (b) everyone   | (c) all        | (d) among      |
| 2.  | (a) took           | (b) take       | (c) taken      | (d) taking     |
| 3.  | (a) commit         | (b) do         | (c) have       | (d) be         |
| 4.  | (a) identification | (b) identifies | (c) identified | (d) identify   |
| 5.  | (a) healthy        | (b) healthily  | (c) healthier  | (d) health     |
| 6.  | (a) dying          | (b) dies       | (c) deaths     | (d) dead       |
| 7.  | (a) comes          | (b) goes       | (c) arrives    | (d) gets       |
| 8.  | (a) painful        | (b) pain       | (c) painless   | (d) pained     |
| 9.  | (a) economical     | (b) economics  | (c) economy    | (d) economize  |
| 10. | (a) of             | (b) by         | (c) from       | (d) at         |
| 11. | (a) to             | (b) however    | (c) though     | (d) so         |
| 12. | (a) assist         | (b) assisted   | (c) assistant  | (d) assistance |

## SPELLING

Spell the jumbled words (from the text) correctly.

### Paragraph 1

1. put on our raeldcnas
2. often griedon
3. tcimom suicide
4. natlem health
5. asrie awareness
6. hnutsdoas of deaths

### Paragraph 2

7. to kill ofeseln
8. someone gkaint their own life
9. nancaifli difficulties
10. Another worrying edtrn
11. leading euacss of death
12. tiedsssa suicide

## PUT THE TEXT BACK TOGETHER

Number these lines in the correct order.

- ( ) group acts as a forum for academics, mental health professionals, and suicide survivors to work
- ( ) cause of hundreds of thousands of deaths around the world.
- ( ) a day commit suicide. Another 60,000 a day attempt suicide. WSPD promotes ways to identify possible suicide
- ( ) The word suicide comes from Latin, meaning to kill oneself. There are many factors that lead to someone taking
- ( ) together to understand suicide better. They raise awareness that suicide is a preventable
- ( ) nations when there is a downturn in the economy. Another worrying trend is the number of young people who resort
- ( ) reason nowadays is financial difficulties. There is a sudden increase in suicide in rich
- ( ) desperate. A hot topic today is assisted suicide – helping another person end his or her life.
- ( ) problem in our society. Every year thousands of people take their own lives. Around 3,000 people
- ( ) cases and to prevent suicide. The day is organized by the International Association for Suicide Prevention. This important
- ( ) teenagers and young adults. In Japan, there are Internet suicide clubs so you can end your life with others who are equally
- ( **1** ) World Suicide Prevention Day (WSPD) is a day we should all put on our calendars. It highlights a huge but often ignored
- ( ) their own life. These include depression, shame, physical pain, anxiety, and relationship problems. A growing
- ( ) to suicide because of bullying. Suicide is in fact one of the leading causes of death among

## SCRAMBLED SENTENCES

With a partner, put the words back into the correct order.

1. our A should on we put calendars day all.

---

2. problem huge but It often highlights ignored a.

---

3. 3 people commit Around 000 day , a suicide.

---

4. suicide to possible cases Ways identify.

---

5. deaths Hundreds around of the thousands world of.

---

6. from word comes Latin The suicide.

---

7. that someone own Factors to their lead taking life.

---

8. financial is nowadays reason growing A difficulties.

---

9. bullying to suicide People because who of resort.

---

10. is today topic hot A suicide assisted.

---

**DISCUSSION (Write your own questions)**

**STUDENT A's QUESTIONS (Do not show these to student B)**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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**DISCUSSION (Write your own questions)**

**STUDENT B's QUESTIONS (Do not show these to student A)**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

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# THE SUICIDE PREVENTION DAY SURVEY

Write five questions about World Suicide Prevention Day in the table. Do this in pairs/groups. Each student must write the questions on his / her own paper.

Without your partner, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

**Return to your original partner(s) and share and talk about what you found out. Make mini-presentations to other groups on your findings.**



## HOMEWORK

**1. VOCABULARY EXTENSION:** Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

**2. INTERNET:** Search the Internet and find more information about World Suicide Prevention Day. Talk about what you discover with your partner(s) in the next lesson.

**3. MAGAZINE ARTICLE:** Write a magazine article about World Suicide Prevention Day. Write about what happens around the world. Include two imaginary interviews with people who did something on this day.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

**4. POSTER:** Make your own poster about World Suicide Prevention Day. Write about will happen on this day around the world.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.