

NATIONAL HUGGING DAY

http://www.eslHolidayLessons.com/01/national_hugging_day.html

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ALL ANSWERS ARE IN THE TEXT ON PAGE 2.

THE READING / TAPESCRIPT

National Hugging Day started on January 21, 1986. The Reverend Kevin Zaborney from the USA created the day to promote the emotional benefits of hugging. This celebration has moved beyond America's borders and people now celebrate the benefits of a hug in Australia, Canada, England, Germany and Russia. It seems the day might catch on and start in other world countries. In America, National Hugging Day is big in schools, nursing care facilities and hospitals. It is a wonderful way of letting people know how you feel about them and of showing you care. So, go on... this National Hugging Day give everyone a big hug and make them feel good. A word of advice – ask before you hug!

There is a lot of research that shows hugging is good for us. Dr. Jay Gordon wrote a book called 'Brighter Baby', which said hugging a child every day is more likely to make him or her more intelligent. Unlike kissing, hugging is acceptable in most societies. It can be a form of greeting between friends, a way of celebrating a victory, or a way of showing your support for someone. It doesn't matter what age, race, sex or religion you are; hugs can take place between any two people. Hugging also takes place in the animal world. Monkeys and apes are very fond of a hug to show their friendship. We even see the Teletubbies TV characters showing off their hugging skills as they give each other a "big hug".

PHRASE MATCH

Match the following phrases from the article.

Paragraph 1

- | | |
|--|----------------------|
| 1. promote the emotional benefits | a. world countries |
| 2. This celebration has moved beyond | b. of hugging |
| 3. the day might catch on and start in other | c. them feel good |
| 4. National Hugging Day is big | d. about them |
| 5. letting people know how you feel | e. America's borders |
| 6. give everyone a big hug and make | f. in schools |

Paragraph 2

- | | |
|-----------------------------------|--------------------------|
| 1. research that shows hugging | a. support for someone |
| 2. hugging is acceptable | b. any two people |
| 3. a form of greeting | c. in most societies |
| 4. a way of showing your | d. show their friendship |
| 5. hugs can take place between | e. is good for us |
| 6. apes are very fond of a hug to | f. between friends |

LISTENING GAP FILL

National Hugging Day started on January 21, 1986. The Reverend Kevin Zaborney from the USA created _____ the emotional benefits of hugging. This celebration has moved beyond America's borders and people now _____ of a hug in Australia, Canada, England, Germany and Russia. It seems the day might _____ in other world countries. In America, National Hugging Day is big in schools, nursing care facilities and hospitals. It is a wonderful way _____ how you feel about them and of showing you care. So, go on... this National Hugging Day give everyone a big hug and make them feel good. A word of advice – _____!

There is a lot of research that _____ for us. Dr. Jay Gordon wrote a book called 'Brighter Baby', which said hugging a child every day _____ make him or her more intelligent. Unlike kissing, hugging is acceptable in most societies. It _____ between friends, a way of celebrating a victory, or a way of showing your support for someone. It doesn't matter what age, race, sex or religion you are; _____ between any two people. Hugging also takes place in the animal world. Monkeys and apes are very _____ show their friendship. We even see the Teletubbies TV characters showing _____ as they give each other a "big hug".

WHILE READING / LISTENING GAP FILL

Put the words into the gaps in the text.

National Hugging Day _____ on January 21, 1986. The Reverend Kevin Zaborney from the USA created the day to _____ the emotional benefits of hugging. This celebration has moved beyond America's borders and people now celebrate the _____ of a hug in Australia, Canada, England, Germany and Russia. It seems the day might _____ on and start in other world countries. In America, National Hugging Day is big in schools, nursing _____ facilities and hospitals. It is a wonderful way of letting people know how you _____ about them and of showing you care. So, go on... this National Hugging Day give everyone a big _____ and make them feel good. A word of _____ – ask before you hug!

benefits
advice
started
feel
catch
promote
hug
care

There is a lot of research that shows _____ is good for us. Dr. Jay Gordon wrote a book called 'Brighter Baby', which said hugging a child every day is more _____ to make him or her more intelligent. Unlike kissing, hugging is acceptable in most _____. It can be a form of greeting between friends, a way of celebrating a victory, or a way of showing your _____ for someone. It doesn't matter what age, _____, sex or religion you are; hugs can take _____ between any two people. Hugging also takes place in the animal world. Monkeys and apes are very _____ of a hug to show their friendship. We even see the Teletubbies TV characters showing off their hugging _____ as they give each other a "big hug".

support
skills
societies
place
hugging
race
fond
likely

CHOOSE THE CORRECT WORD

Delete the wrong word in each of the pairs of *italics*.

National Hugging Day *started / starting* on January 21, 1986. The Reverend Kevin Zaborney from the USA *created / creation* the day to promote the emotional benefits of hugging. This celebration has moved beyond America's *bordering / borders* and people now celebrate the benefits of a *huge / hug* in Australia, Canada, England, Germany and Russia. It seems the day might catch *in / on* and start in other world countries. In America, National Hugging Day is big in schools, nursing *care / careful* facilities and hospitals. It is a wonderful way of letting people know how you feel about them and of showing you care. So, go *by / on*... this National Hugging Day give everyone a big hug and make them feel good. A word of *advice / advise* – ask before you hug!

There is a lot of *research / researcher* that shows hugging is good for us. Dr. Jay Gordon *wrote / written* a book called 'Brighter Baby', which said hugging a child every day is more *like / likely* to make him or her more intelligent. Unlike kissing, hugging is *accept / acceptable* in most societies. It can be a form of greeting between friends, a way of celebrating a *victorious / victory*, or a way of showing your support for someone. It doesn't matter what age, *race / racing*, sex or religion you are; hugs can take place between any two people. Hugging also takes *place / places* in the animal world. Monkeys and apes are very fond of a hug to show their friendship. We even see the Teletubbies TV characters showing off their hugging *skillful / skills* as they give each other a "big hug".

MULTIPLE CHOICE

National Hugging Day started on January 21, 1986. The Reverend Kevin Zaborney from the USA created the day to (1) _____ the emotional benefits of hugging. This celebration has (2) _____ beyond America's borders and people now celebrate the benefits (3) _____ a hug in Australia, Canada, England, Germany and Russia. It seems the day might catch (4) _____ and start in other world countries. In America, National Hugging Day is big in schools, nursing (5) _____ facilities and hospitals. It is a wonderful way of letting people know how you feel about them and of showing you care. So, go on... this National Hugging Day give everyone a big hug and make them feel good. A word of (6) _____ – ask before you hug!

There is a lot of (7) _____ that shows hugging is good for us. Dr. Jay Gordon wrote a book called 'Brighter Baby', which said hugging a child every day is more (8) _____ to make him or her more intelligent. Unlike kissing, hugging is acceptable in most societies. It can be a form of greeting between friends, a way of celebrating a victory, or a way of showing your (9) _____ for someone. It doesn't matter what age, race, sex or religion you are; hugs can take place (10) _____ any two people. Hugging also takes place in the animal world. Monkeys and apes are very (11) _____ of a hug to show their friendship. We even see the Teletubbies TV characters showing (12) _____ their hugging skills as they give each other a "big hug".

Put the correct words from this table into the article.

- | | | | | |
|-----|----------------|----------------|---------------|----------------|
| 1. | (a) promotion | (b) promoting | (c) promote | (d) promoter |
| 2. | (a) moved | (b) movement | (c) moving | (d) move in |
| 3. | (a) for | (b) of | (c) at | (d) to |
| 4. | (a) in | (b) so | (c) to | (d) on |
| 5. | (a) care | (b) careful | (c) careless | (d) cared |
| 6. | (a) advise | (b) advice | (c) advisory | (d) advising |
| 7. | (a) researcher | (b) researches | (c) research | (d) researched |
| 8. | (a) liken | (b) likes | (c) likely | (d) likeliest |
| 9. | (a) supportive | (b) supports | (c) supporter | (d) support |
| 10. | (a) among | (b) between | (c) by | (d) around |
| 11. | (a) fond | (b) fondly | (c) fondness | (d) fondle |
| 12. | (a) on | (b) in | (c) up | (d) off |

SPELLING

Spell the jumbled words (from the text) correctly.

Paragraph 1

1. emotional istebnef of hugging
2. moved dnoeyb America's borders
3. the day might cchat on
4. nsuginr care facilities
5. enigltt people know how you feel
6. A word of ivedac

Paragraph 2

7. a lot of ahcreesr
8. hugging is acceptable in most ostscieei
9. a form of igrnteeg between friends
10. showing your osurtpp for someone
11. the mlaani world
12. TV eatrcscrha

PUT THE TEXT BACK TOGETHER

Number these lines in the correct order.

- () There is a lot of research that shows hugging is good for us. Dr. Jay Gordon wrote a book
- () or religion you are; hugs can take place between any two people. Hugging also takes place in the animal
- () called 'Brighter Baby', which said hugging a child every day is more likely to make him or her more
- () intelligent. Unlike kissing, hugging is acceptable in most societies. It can be a form of greeting between friends, a way
- () good. A word of advice – ask before you hug!
- () borders and people now celebrate the benefits of a hug in Australia, Canada, England, Germany and Russia. It seems
- () to promote the emotional benefits of hugging. This celebration has moved beyond America's
- (**1**) National Hugging Day started on January 21, 1986. The Reverend Kevin Zaborney from the USA created the day
- () of celebrating a victory, or a way of showing your support for someone. It doesn't matter what age, race, sex
- () world. Monkeys and apes are very fond of a hug to show their friendship. We even see the Teletubbies TV
- () you care. So, go on... this National Hugging Day give everyone a big hug and make them feel
- () the day might catch on and start in other world countries. In America, National Hugging Day is big in schools, nursing
- () characters showing off their hugging skills as they give each other a "big hug".
- () care facilities and hospitals. It is a wonderful way of letting people know how you feel about them and of showing

SCRAMBLED SENTENCES

With a partner, put the words back into the correct order.

1. promote hugging of benefits emotional the

2. borders celebration moved America's This has beyond

3. on seems day catch It the might

4. people you wonderful letting how a of know feel way

5. you A advice before of ask hug word - !

6. shows that research us for good is hugging

7. to more make intelligent him more or likely her

8. of can greeting be between a friends form It

9. the in place takes also Hugging world animal

10. showing their skills characters off hugging TV

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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THE NATIONAL HUGGING DAY SURVEY

Write five questions about National Hugging Day in the table. Do this in pairs/groups. Each student must write the questions on his / her own paper.

Without your partner, interview other students. Write down their answers.

	STUDENT 1 _____	STUDENT 2 _____	STUDENT 3 _____
Q.1.			
Q.2.			
Q.3.			
Q.4.			
Q.5.			

Return to your original partner(s) and share and talk about what you found out. Make mini-presentations to other groups on your findings.

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find more information about National Hugging Day. Talk about what you discover with your partner(s) in the next lesson.

3. MAGAZINE ARTICLE: Write a magazine article about National Hugging Day. Write about what happens around the world. Include two imaginary interviews with people who did something on this day.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

4. POSTER: Make your own poster about National Hugging Day. Write about will happen on this day around the world.

Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.